Lunch - $\$ 3.00$ Breakfast - Free!<br>Entree - \$2.25 Side - $\$ .85 / \$ 1.25$ Milk - $\$ .70$

## Free Breakfast

available in the school cafeteria at the start of the day
Choose 1 Entree
Bagels Breads Cimamon Rolls Coffee Cake Muffins
Whole Grain Poptarts Assorted Cereal Protem Boxes
Choose 1 Fruit \& J Juice
Apples Bananas Crasisins 100\% Juice

> Choose 1 Milk
> Low Fat White or Fatrec Choocalat

You may decline items that your do not want but must take 3 items total, one of which must be a fruit or juice.

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| :---: | :---: |
|  | Arilile Eaily wilutut Oder |
|  | Smuckers PB\&J Sandwich |
|  | Yogut Parait Hummus \& Pita Chips |

## Featured Entres (and Siles)

## Fri,3/1 - Buffalo Chicken Dip/Black Bean Dip \& Chips

March4-8 - Spring Break!
Mon, 3/11 - Chicken Tenders \& Waffles (Hashbrowns)
Tue, 3/12 - General Tso's Chicken/Tofu \& Rice (Broccoli)
Wed, $3 / 13$ - Chicken Cheesesteak (Sweet Potato Fries)
Thu, 3/14 - Macaroni\&Cheese w/PulledPork (BakedBeans)
Fri, 3/15 - Pasta \& Meatballs w/ Bread Stick (Caesar Side Salad)
Mon, 3/18 - Popcorn Chicken \& Biscuit (Peas \& Carrots)
Tue, 3/19 - Big Daddy's Pizza (Roasted Vegetables)
Wed,3/20 - Chicken Quesadilla (Mexican StreetCorn)
Thu, 3/21 - Walking Taco/Black Bean Dip \& Chips (Baked Potato)
Fri, 3/22 - CheeseSteak (FrenchFries)
Mon, 3/25 - All Beef Hot Dog (french Fries)
Tue, 3/26 - Broccoli Soup or Chili \& Baguette (Baked Potato)
Wed, $3 / 27$ - Italian Dunkers (Roasted Broccoli)
Thu, 3/28 - No School Today
Fri,3/29 - Enjoy the long weekend!


Payments can be made online at www.myschoolbucks.com or mailed to SCASD FSD, 653 Westerly Pkwy, State College 16801. Students may also present cash or a check to any cashier for deposit. Change will not be given. Students are expected to have funds for all purchases and will not be permitted to have extra food items without available funds.

Choose an entree. Complete your meal with 2 vegetables sides, a serving of fruit, and milk. Students in grades 9-12 may also choose to take 1 juice with their meal.

Decline items that you do not want but you must choose 3 items total, of which 1 must be a fruit, juice, or vegetable.

Fruit \& Veggie Side Dishes
Crunchy Carrots \& Assorted Fresh Veggies (Daily) Hummus (Monday) Tossed Salad (Tues-Fri)
French Fries/Sweet Potato Fries/Hashbrowns (as menued)
Baked Potatoes \& Roasted Vegetables (as menued)
Whole Fruits Canned \& Frozen Fruit $100 \%$ Juice

## Daily Alternate Choices

Place orders for alternate entrees by $9: 30$ a.m. at https://www.scasd.org/ ordermeals

Monday Impossible Burger Caesar Salad \& Breadstick

Tuesday
Southwest Veggie Quesadilla
Chef Salad \& Breadstick
Wednesday
Chana Masala \& Rice
Caesar Salad \& Breadstick
Thursday
Warm Cheese Pretzel
Chef Salad \& Breadstick
Friday
Vegan Chili \& Corn Bread
Southwest Salad \& Corn Bread

